# STUDENT HEALTH INSURANCE PLAN (SHIP) WAIVER WORKSHEET 2017-18 Academic Year

#### **IMPORTANT POP-UP Alert:**

Disable your POP-UP Blocker when you enter the online Waiver Form to receive important pop-up options.

DEAR STUDENT: Complete the waiver form easily and quickly by preparing your answers ahead of time. This worksheet can help you gather needed insurance information BEFORE you start the online Waiver Form. You may not be required to answer all these questions, depending on your health plan type.

Have your health plan booklet, benefits summary, or contract/policy handy to answer the questions listed below. Call the customer service number listed on your insurance card; or check online health plan information to find the details of your plan if you have questions.

NOTE: Insurance terminology in bold italics is defined in the GLOSSARY of Medical Insurance Terminology.

THE SHIP WAIVER FORM WILL REQUEST THE FOLLOWING INFORMATION	ANSWERS FROM PLAN BOOKLET, SUMMARY OF BENEFITS, OR CONTRACT/POLICY	NOTES			
YOUR HEALTH INSURANCE PLAN	OUR HEALTH INSURANCE PLAN				
Select one of the following to describe your health insurance plan: Covered California Plan; Medicare; Medi-Cal; Military/TRICARE; University of California employee plan or another <i>Employer Group Health Insurance Plan</i> ? (Select "Other" if your plan is not one of these.)					
PERSONAL AND HEALTH PLAN INFORMATION					
Provide your name, student ID number issued by your campus, current address, email address and phone number.					
Provide the name, address and phone number of your health insurance plan. You will also be asked to provide your insurance plan member subscriber identification number, or your medical record number, if you have Kaiser. This information is printed on your insurance ID card.  The Waiver Form will have a drop-down menu with a list of insurance companies from which to select. If you select "Other," you will be asked to provide the name, address and phone number of your health insurance company.					
4 What is the name of the Primary Enrollee or <i>Subscriber</i> on your health plan?					
Does your health insurance plan provide unrestricted access to an in-network primary care provider and hospital providing full, non-emergency medical and behavioral health care within 55 miles of campus while attending school?	(YES or NO)				

1

## STUDENT HEALTH INSURANCE PLAN (SHIP) WAIVER WORKSHEET

## 2017-18 Academic Year

	THE SHIP WAIVER FORM WILL REQUEST THE FOLLOWING INFORMATION	ANSWERS FROM PLAN BOOKLET, SUMMARY OF BENEFITS, OR CONTRACT/POLICY	NOTES			
	QUESTIONS ABOUT YOUR HEALTH PLAN BENEFITS					
6	Please indicate the type of health insurance plan you have: (select one)	HMO (Health Maintenance Organization) EPO (Exclusive Provider Organization) PPO (preferred provider organization) POS (Point-of-Service) I don't know				
7	Does your health insurance plan have unlimited annual and lifetime in-network benefits?	(YES or NO)				
8	Does your health insurance plan cover inpatient and outpatient hospital services for medical and surgical care?	(YES or NO)				
9	Does your health insurance plan cover hospital stays for mental health care and substance abuse disorder conditions the same as any other medical condition?	(YES or NO)				
10	Does your health insurance plan cover office visits for medical, including mental health and substance abuse conditions?	(YES or NO)				
11	Does your health plan provide coverage for emergency room services and emergency transport/ambulance services?	(YES or NO)				
12	Does your health plan cover medications prescribed by a doctor?  NOTE: The Exclusions and Limitations section(s) in your hea	(YES or NO)				
13	If your <b>Annual Out-of-Pocket Maximum limit</b> is more than \$7,150 (or more than \$14,300 for a family), do you have a Health Savings Account (HSA) or Health Reimbusement Account (HRA) funded sufficiently to reduce the total out-of-pocket expenses to \$7,150 for an individual, or \$14,300 for a family, or less?	(YES or NO)				
IF YOU ARE AN INTERNATIONAL STUDENT, YOU WILL BE ASKED TO ANSWER THESE ADDITIONAL QUESTIONS						
14	Is your health plan based on <i>reimbursement</i> of your expenses paid at the time of service for medical care? Under this type of plan, you pay for medical and behavioral health services out of your own pocket and obtain reimbursement afterwards from your home government or from another party.	(YES or NO)				
15	Is your health plan based on <i>reimbursement</i> of your expenses paid at the time of service for prescription drugs? Under this type of plan, you pay for pharmacy services out of your own pocket and obtain reimbursement afterwards from your home government or from another party.	(YES or NO)				
16	standard English with benefits expressed in U.S. dollars?	(YES or NO)				
17	Does your medical insurance plan have a claims payment office with an address and phone number in the United States?	(YES or NO)				
18	per mental health/substance use disorder-condition per year?	(YES or NO)				
19	Does your health plan cover services related to suicidal conditions, including attempted suicide or suicidal thoughts?	(YES or NO)				

### STUDENT HEALTH INSURANCE PLAN (SHIP) WAIVER WORKSHEET

### 2017-18 Academic Year

	Does your health insurance plan have a <i>Pre-existing Condition Exclusion or waiting period (or limitation)</i> ?	(YES or NO)	
	If you answered YES to the preceding question, have you been on your health plan long enough so that you are no longer subject to your plan's pre-existing condition limitation or waiting period?	(YES or NO)	
22	Does your health plan have an annual or lifetime per injury/per illness benefit maximum?	(YES or NO)	
23	Does your health plan cover medical services ( <i>inpatient or outpatient</i> ) for illness or injury resulting from participation in recreational activities or amateur sports?	(YES or NO)	
24	Does your plan cover at least \$50,000 for a <i>Medical Evacuation</i> ?*	(YES or NO)	
25	Does your plan cover at least \$25,000 for <i>Repatriation of Remains</i> ?*	(YES or NO)	

\*Note: International Students must be covered at all times for Medical Evacuation and Repatriation of Remains benefits in amounts required by the U.S. State Department or Department of Homeland Security, depending on your visa status. Waiver criteria for these benefits will be adjusted if federal requirements change.